

READY-TO-WEAR hair

TAKE YOUR INSPIRATION FROM THE CATWALKS, ADD SOME TIPS FROM THE EXPERTS AND FIND YOUR CROWNING GLORY. BY STEPHANIE DARLING

best-*EVER* HAIR TIPS

1 Jayne Wild, Wildlife Hair: "If you have curly or wavy hair, never towel-rub it dry as this will fluff it. Pop hair into a towel turban to get the excess water out and then release it. Use paper towels, a square in each hand, to gather the wet hair and squeeze back up to the root."

2 Renya Xydis, Renya Xydis City: "Hair is all about texture at the moment so keep trying different products such as salt sprays, mousses and gels."

3 Alan White, Alan White Anthology: "Use the new ghid Gold Classic Styler [\$269, 1300 880 209] to create instant curls, waves and bends. Then brush out vigorously with a Mason Pearson Popular Pure Bristle and Nylon brush [03 8587 4650]. The result will be voluminous hair with natural, luxurious movement."

4 Dario Cotroneo, Dario Cotroneo Salon: "Before going to bed apply Overnight Hair Rescue [\$48.60, by Alterna, 1300 437 436] onto dry hair. Use the size of a

10-cent piece and work into mid-lengths and ends of your hair. Use twice a week only."

5 Barney Martin, Barney Martin Hairdressing: "If you have straight hair and want to give it some waves, go to bed with your hair damp in a twisted top knot. Let it out in the morning for natural-looking beachy waves. Spritz with hairspray to hold."

6 Philip Barwick, Muse Hair: "Comb your hair starting at the ends first and gently work your way up toward the roots. This will be the least stressful on the hair and minimise breakage."

7 Caterina DiBiase, Heading Our Hair & Beauty: "Never say never!"

8 Jon Pulitano, Headcase Hair: "Blow-dry your hair and sweep Cloud Nine irons [\$270, 1300 294 247] through it. Twist hair into a low loose bun, mist with a light hairspray and allow to set for 15 to 20 minutes and then take hair out. Your hair will set in a really soft, natural-looking wave." →

ROBERTO CAVALLI



monday

7 DAYS OF STYLE

MONDAY: Working week, day one. Take a little time to perfect your hair. We adore the locks at Roberto Cavalli, which can best be described as sleek and lustrous. Getting hair this poker-straight takes a degree of dedication. Start with a smoothing shampoo and conditioner such as 1. Keratin, \$19.95, by Brazilian Tech, 1800 251 215, and keep a strong arm for the hairdryer.

TUESDAY: Go for a touch of detail and embrace the plait à la Jason Wu. For those with a crafty bent, work through a strip of soft chiffon. 2. Awapuhi Wild Ginger Styling Treatment Oil, \$12.95, by Paul Mitchell, 1300 365 350.

WEDNESDAY: Take a playful touch to a gamine cut, like the sharp hair at Giambattista Valli. Perk up this style with a touch of temporary pink highlights. Try 3. Paintbox Creative Conditioning Colour in Vendetta Red, \$16.95, by Fudge, 1300 764 437. The colour will last from three to 30 washes.

THURSDAY: The perfect pony at Issy Miyake. Keep any strays at bay with 4. Shine Flash 02, \$29.95, by Redken, 1300 650 170.

FRIDAY: By Friday it's time for a pep up. Change your part for added drama and keep hair sleek with a shot of 5. Design Pulse Zoom Force Strong Fix Spray, \$19.95, by Matrix, 1300 656 247. We love the extended fringe at Louis Vuitton.

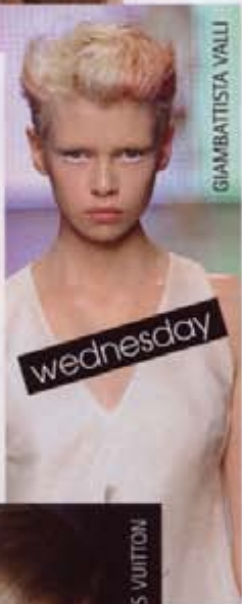
SATURDAY: Come the weekend you can give your hair a mini-break and create some texture with 6. Bohemian Beach Spray, \$23.70, by David Babaii for Wildaid, 1300 387 204. For inspiration you can't go past the hair at Michael Kors.

SUNDAY: Last but by no means least is "rest day". Drench thirsty hair in 7. Awapuhi Moisture Mist, \$13.95, by Paul Mitchell, 1300 365 350, and slick it back with a hairband. Take a leaf from the Lanvin show.



JASON WU

tuesday



GIAMBATTISTA VALLI

wednesday



ISSY MIYAKE

thursday



LOUIS VUITTON

friday



saturday



LANVIN

sunday

MICHAEL KORS

plot YOUR PERFECT HAIR

OUR PANEL OF EXPERTS DO FACE-MAPPING MATHS TO WORK OUT YOUR IDEAL HAIRSTYLE. WHICH ONE ARE YOU?

	Curly	Wavy	Straight
SQUARE face	 <p>KEIRA KNIGHTLEY Ask for: Your layers not to be cut too short. Barney Martin: "Use a deep moisturising treatment once a week like Pantene Pro-V's 3 Minute Miracle [\$2.99, 02 9690 0016]."</p>	 <p>DIANE KRUGER Ask for: Razor cuts and layers to encourage the natural wave. Barney: "Try Pantene Pro-V Curl Defining Mousse [\$6.99, 1800 028 280] for a finish which holds."</p>	 <p>GWYNETH PALTROW Ask for: Textured layers to soften the jawline. Barney: "For texture, use Kevin.Murphy Fresh Hair Dry Cleaning Spray Shampooing [\$32.95, 1800 104 204]."</p>
OVAL face	 <p>NICOLE KIDMAN Ask for: Product applied after washing to control curls. Caterina DiBiase: "Kevin.Murphy Motion.Lotion, \$32.95 1800 104 204] is a fantastic product for conditioning and supporting curly hair."</p>	 <p>GISELE BÜNDCHEN Ask for: A diffuser on your dryer to help bring out the texture. Caterina: "Use Kevin.Murphy Hair.Resort [\$29.95, 1800 028 280] for a messy, beach look."</p>	 <p>KATE BOSWORTH Ask for: A blow-dry with a volumising product to give oomph. Caterina: "Try L'Oréal Professionnel Texture Expert Expansion Mousse [\$35, 1300 651 141]."</p>
HEART face	 <p>TANYA DZIAHILEVA Ask for: An asymmetrical cut to show off your cheekbones. Philip Barwick: "For fine hair, apply Redken Soft Spin 05 [\$29.95, 1300 650 170]."</p>	 <p>REESE WITHERSPOON Ask for: Mid-length hair with animated texture so hair doesn't sit too close to the face. Philip: "Blow-dry with Blown Away 09 Protective Blow Dry Gel, by Redken [\$28.95, 1300 650 170]."</p>	 <p>SOPHIE DAHL Ask for: More hair volume at chin level. Philip: "Plump up the girth of each hair strand with Redken Body Full Shampoo and Conditioner [\$27 each, 1300 650 170]."</p>
ROUND face	 <p>KATE HUDSON Ask for: Hair on the longer side. Jayne Wild: "If blow-drying curly hair straight, use Obedience Cream by ghd [\$35, 1300 880 209]; it's a great multitasker."</p>	 <p>CAREY MULLIGAN Ask for: A slight wave that is great for shorter or longer hair. Jayne: "ghd's Obedience Cream [\$35, 1300 880 209] will help keep waves cleaner."</p>	 <p>MICHELLE WILLIAMS Ask for: The stylist to frame your face to enhance your cheekbones. Jayne: "Fat Hair Lotion by ghd [\$35, 1300 880 209] will build body."</p>

MOTHER NATURE'S RULE OF HAIR COLOUR

THERE'S A THEORY THAT YOU SHOULDN'T VENTURE TOO FAR FROM YOUR NATURAL TONE. SO WE ASKED TWO COLOUR EXPERTS TO GIVE US THE GOOD OIL ON HUE CHANGES:

Christine Rowe, head colourist from Valenz says, "If you're doing an all-over colour I would recommend moving only one shade either side of your natural hair shade. If you want to see a little more lightness than this I suggest seeing it in certain places with ballage or foils. This should only be another two shades lighter again."

What if you want a radical change? Says Damien Rayner from Darlo Cotroneo: "I love doing a big change but it's important to do it slowly so as not to damage the hair too much. You need to be realistic about change as it may take up to three goes to start getting it to where you want it to be, so be patient and treat your hair to regular treatments."

EXPERT TIP: It turns out that gold shampoo isn't just for blondes. **Aveda's** Camomile Shampoo, \$59.95, 1300 300 054, on brunette hair can boost shine. Also watch out for **Wella's** new in-salon Elixirs of Care (pictured left) with highly concentrated infusions that work back with SP Treatment Masks. For more information call 1300 885 002. Treat yourself. **m**

